

## **Level 3 Diploma in Adult Health and Social Care**

## Assignment Brief

**Unit Title:** Responsibilities of a Health and Social Care Worker

**Level:** 3

**Assessment Weighting:** 100%

**Grade:** PASS/FAIL

**Word Count Requirement:** 2500 words

**(Task 1 - 1800 words; Task 2 - 700 words; +/- 10%)**

**Assignment submission Guidelines** - Given in the Page 5/Last page of this document

### Purpose of the Assignment

The aim of this assignment is to assess your understanding of the legal, professional and ethical responsibilities of health and social care workers. You will demonstrate how these responsibilities apply in real-world care settings and reflect on your ability to work in line with agreed ways of working.

### Learning Outcomes and Assessment Criteria Covered

- 1. Understand working relationships in health and social care**
  - 1.1 Explain how a working relationship is different from a personal relationship
  - 1.2 Describe different working relationships in health and social care settings
- 2. Be able to work in ways that are agreed with the employer**
  - 2.1 Describe why it is important to adhere to the agreed scope of the job role
  - 2.2 Outline what is meant by agreed ways of working
  - 2.3 Explain the importance of full and up-to-date details of agreed ways of working
- 3. Understand the importance of working in partnership with others**
  - 3.1 Explain why it is important to work in partnership with others
  - 3.2 Identify ways of working that can help improve partnership working
  - 3.3 Identify skills and approaches needed for resolving conflicts

## Task 1: Report

Answer the following questions in detail using references to legislation, codes of practice, and regulatory standards. Ensure you address each of the assessment criteria:

1. **Understand working relationships in health and social care**
  - 1.1 Explain how a working relationship is different from a personal relationship
  - 1.2 Describe different working relationships in health and social care settings
2. **Be able to work in ways that are agreed with the employer**
  - 2.1 Describe why it is important to adhere to the agreed scope of the job role
  - 2.2 Outline what is meant by agreed ways of working
  - 2.3 Explain the importance of full and up-to-date details of agreed ways of working
3. **Understand the importance of working in partnership with others**
  - 3.1 Explain why it is important to work in partnership with others
  - 3.2 Identify ways of working that can help improve partnership working
  - 3.3 Identify skills and approaches needed for resolving conflicts

**Guidance:** Use Harvard-style referencing and cite relevant frameworks such as the Care Act 2014, Health and Social Care Act 2012, and relevant codes of conduct.

## Task 2: Application of Knowledge (Choose ONE Option)

You must choose either Option A (if employed or volunteering in a care setting) or Option B (if not currently working in care).

### Option A: Work-Based Reflection

Write a reflective account based on your current or recent work in a health or social care setting. Address the following:

1. Describe a situation where you worked with others to support an individual and maintained professional relationships
2. Explain how you followed your organisation's agreed ways of working
3. Reflect on how you ensured partnership working, confidentiality, and communication
4. Identify any conflicts and how you managed them
5. Evaluate how this situation has improved your own professional practice

This option ensures the learner addresses:

- LO3 & AC 3.1-3.3 through describing partnership working, maintaining professional relationships, and resolving conflicts.
  - LO2 & AC 2.1-2.3 via explaining adherence to agreed ways of working, organisational procedures, and confidentiality.
  - LO1 & AC 1.1-1.2 through demonstrating awareness of working relationships in context.
- The reflective approach also meets ACs requiring evaluation of professional practice improvement

### Option B: Case Scenario Response

#### Scenario:

Layla is a care assistant supporting Ravi, an older adult with mobility issues and mild dementia. She must work with a physiotherapist, Ravi's daughter, and her senior care manager to ensure Ravi can stay at home safely. She notices that Ravi is more withdrawn than usual, and the physiotherapist disagrees with Layla's observations.

#### Answer the following:

1. What are Layla's responsibilities in this situation?
2. How should she manage the working relationship with the physiotherapist?
3. What are the agreed ways of working that apply here?
4. How can Layla involve others while maintaining Ravi's rights and dignity?
5. What actions should she take to report and resolve the situation?

This option is structured so each question aligns to the ACs:

- Responsibilities → AC 1.1-1.2 and 2.1-2.3.
- Managing relationships → AC 3.1 & 3.2.
- Agreed ways of working → AC 2.2 & 2.3.
- Maintaining rights/dignity & involving others → AC 3.2 and 3.3.
- Reporting & resolving situations → AC 3.3 and reflective skills linked to professional development