

Competency Assessment: Holistic, Person-Centered Plan of Care

Date:

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Use this template to develop—and reflect on—a holistic, person-centered plan of care for Gordon Brune, your avatar patient at Neighborhood Clinic, the fictional community health center. Base your responses on information in the interactive media resource, other Learning Resources, and any resources you identify to support your responses to the following questions. All responses should have evidence cited to support statements made in your document. Your document should be 3 – 4 pages plus a reference page.

Instructions: (Delete post attempting):

Holistic, Person-Centered Plan of Care

Keep in mind the interrelationship of individuals and their environment as you work with avatar patient Gordon Brune. You are taking the role of a nurse at Neighborhood Clinic, a community health center. As Mr. Brune explains the purpose of his visit and details of his current living situation, consider the challenge of gaining an understanding of his personality and gauging the impact of what he describes in determining your recommendations for how best to support his health from a holistic perspective.

The aim of this avatar experience is to provide a patient interaction that is as realistic as possible. If Gordon Brune reminds you of patients you have had, draw on that connection. But equally important, make this Competency Assessment, with its requirement to consider more than Gordon Brune's physical condition, an opportunity to gain context and insight into the multiple dimensions of wellness and the role they play in a patient's health and overall well-being.

You will begin and end the scenario with the avatar clinic director Asha Gill. Consider her goals for person-centered holistic care at Neighborhood Clinic and the kinds of support you would look for from a supervisor to meet those goals.

To prepare:

- Access the Holistic, Person-Centered Plan of Care template document. You will complete the template to submit for this Competency Assessment. Review what you are required to provide about avatar patient Gordon Brune, your recommendations for him, and other analysis that supports person-centered holistic care.***
- View the asynchronous scenario with avatar Gordon Brune as many times as you need to prepare for and complete this Competency Assessment. Consider challenges Mr. Brune describes in one or more of***

the dimensions of wellness—emotional, physical, intellectual, occupational, spiritual, and/or social.

- *Draw on your understanding of a holistic approach to patient care. Identify impacts that Gordon Brune is experiencing in various dimensions of wellness.*
- *Consider what a holistic care plan would include for this patient. Reflect on ethical principles as a professional nurse in addressing the patient's health needs.*
- *Base your plan of care on the specific information that Mr. Brune provides in the media resource, other Learning Resources, and other resources you identify.*

Rubric Criteria	Exceeds Expectations	Meets Expectations	Does Not Meet Expectations
In a 1- to 2-page response, address the following: • Write a brief profile of patient Gordon Brune based on what you know about him from the avatar scenario. Learning Objective 1.1: Create a patient profile	Response accurately and thoroughly provides a profile of patient Gordon Brune based on information presented in the avatar scenario.	Response adequately provides a profile of patient Gordon Brune based on information presented in the avatar scenario.	Response does not adequately provide a profile of patient Gordon Brune based on information presented in the avatar scenario.
• Describe the dimensions of wellness that are influencing Mr. Brune's situation and condition. For those that you do not identify as factors, explain why. ◦ Emotional ◦ Physical ◦ Intellectual ◦ Occupational ◦ Spiritual ◦ Social Learning Objective 1.2: Analyze how dimensions of wellness influence patient situations and conditions	Response accurately and thoroughly explains the dimensions of wellness that are influencing the situation and condition of Mr. Brune and dimensions of wellness that are not an influence.	Response adequately explains the dimensions of wellness that are influencing the situation and condition of Mr. Brune and dimensions of wellness that are not an influence.	Response does not adequately explain the dimensions of wellness that are influencing the situation and condition of Mr. Brune and dimensions of wellness that are not an influence.

Part One: Identifying Dimensions of Wellness

1. Write a brief profile of patient Gordon Brune based on what you know about him from the avatar scenario.

2. Describe the dimensions of wellness that are influencing Mr. Brune's situation and condition. For those that you do not identify as factors, explain your thinking.

- Emotional
- Physical
- Intellectual
- Occupational
- Spiritual
- Social

Part Two: Developing a Holistic Plan of Care

1. Summarize Mr. Brune's health issues and needs from a holistic perspective.
2. Explain a plan of care that will address the dimensions of wellness that are having the greatest impact on Mr. Brune's ability to manage his diabetes. As part of your care plan, identify at least two community resources or other health professionals to whom you would refer Mr. Brune. Explain your reasoning.
3. Explain how your care plan adheres to concepts of person-centered care and a holistic approach to patient care.
4. Explain how your care plan adheres to the four ethical principles for a professional nurse.

Part Three: Reflecting on Person-Centered Holistic Care

1. Reflect on the challenges of taking a holistic approach to patient care. Explain your thinking.
2. Reflect on the benefits of person-centered holistic care. Explain your thinking.
3. If avatar clinic director Asha Gill were your clinical supervisor, what kind of support would you want as a professional nurse for taking a person-centered holistic approach to patient care? Explain your reasoning.

References

All references must be in APA style.